



WHAT'S ON



WEEK 1+2

Early Bird Rate Booking Deadline Wednesday 8th December

A one week enrolment priority will be given to Balgowlah Heights Public School pupils.

WEEK 1

Friday
17 December

K - YR 2

PLAY FIT STAY FIT

At Play Fit Stay Fit making noise gives bonus points! Release all that energy and celebrate the end of school year balancing, jumping and dancing to awesome tunes! By combining music, exercise and interactive activities, kids will learn new ways to explore movement, embrace their creativity and ROCK OUT.



ONSITE ACTIVITY

YR 3 - 6

WEEK 2

Monday
20 December

K - YR 2

WATER GAMES AND WATER SLIDE

Summer holidays are here! We'll celebrate with ocean inspired activities, including water games and a water slide to keep cool! **BRING A CHANGE OF CLOTHES AND A TOWEL.**



ONSITE ACTIVITY

YR 3 - 6

KAYAKING

Today we will be kayaking around Narrabeen Lagoon in double and single kayaks. We will be on the lookout for the perfect picnic spot to have our lunch and play some games before paddling back to shore.



WAIVER REQUIRED

BRING SWIMMERS, A TOWEL AND A SPARE PAIR OF ENCLOSED SHOES THAT CAN GET WET.

HIRED COACH + DRIVER | DEPART: 10.15AM - RETURN: 2.45PM

Tuesday
21 December

CHRISTMAS PARTY AND WATER SLIDE

With Christmas right around the corner, it's time to get the centre Christmas-ready. We'll not only put decorations up, but also make Christmas cookies and get ready to dance at Arabanoo's Christmas Party. If you get a bit too warm - don't worry, just jump on the water slide! **BRING A CHANGE OF CLOTHES AND A TOWEL.**



ONSITE ACTIVITY





WHAT'S ON



WEEK 3

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WEEK 3

K - YR 2

YR 3 - 6

Tuesday
4 January

FLIGHT, SOUND AND FIRE

On this fun and musical show, we will discover the science behind some of the great inventions and environmental understandings of Aboriginal and Torres Strait Islander Peoples. Discover the science behind the Boomerang and learn about the science of sound and the Didgeridoo.



ONSITE ACTIVITY

Wednesday
5 January

LEGO DAY

Explore the endless possibilities in Lego. Team up to face challenging building projects together! There will be Lego themed craft and baking as well.



ONSITE ACTIVITY

BEACH DAY

Let's make the most of the warm weather at Clontarf Beach with swimming (net area only), water and land treasure hunts, and good old beach games!



BRING SWIMMERS AND A TOWEL.

WALKING | DEPART: 9.30AM - RETURN: 2PM

Thursday
6 January

THE BIG JOKE

Join us and Andy Jones in this hilarious musical show about jokes and humour. Using guitar, drums and fun props, Andy will show children how to deliver a punchline, create a joke, use humour and laugh till your sides ache!



ONSITE ACTIVITY





WHAT'S ON



WEEK 4

Early Bird Rate Booking Deadline Wednesday 8th December

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WEEK 4

Monday
10 January

K - YR 2

EARTHBEATS

In this magical interactive music experience, Susie Hobday is bringing rhythms not only from Aboriginal peoples but also from places like South America and India. Kids will get to learn about music and play different instruments from around the globe!



ONSITE ACTIVITY

YR 3 - 6

ECO WALKER BUSH EXPLORER

You will be historians for a day at Sydney Harbour National Park in Mosman. Work together to find your way using a map, compass, and your thinking caps to uncover the answers about First Nations. We will eat our lunch before heading back to Arabanoo.



HIRED COACH + DRIVER | DEPART: 9.15AM - RETURN: 1PM

Tuesday
11 January

SUPER ROBOTIX

Kids will gain knowledge in robotics and then use it to have robots playing games such as soccer, maze and obstacle course. They'll team up compete and win various challenges.



ONSITE ACTIVITY

SUPER AIR COMBAT MISSION

Some monsters and villains have broken out of prison and are posing a real threat to community safety. Kids will instruct drones to take off, fly around and overcome obstacles to send the villains back behind bars.



ONSITE ACTIVITY

Wednesday
12 January

JAPANESE DAY

Kids will be fully immersed into Japanese culture led by Wasabi Kids. From traditional games and stories to Taiki drums, kids will be able to experience and learn more about it. We will complement this with Japanese inspired craft and cooking activities.



ONSITE ACTIVITY

KAYAKING

Today we will be kayaking around Narrabeen Lagoon in double and single kayaks. We will be on the lookout for the perfect picnic spot to have our lunch and play some games before paddling back to shore.



WAIVER REQUIRED

BRING SWIMMERS, A TOWEL AND A SPARE PAIR OF ENCLOSED SHOES THAT CAN GET WET.

HIRED COACH + DRIVER | DEPART: 10.15AM - RETURN: 2.45PM

Thursday
13 January

GYMNASTICS

Show us your tricks and learn some new ones! Using mats and props, the team from Cube Sports will turn the hall into a gymnastics centre.

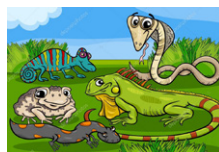


ONSITE ACTIVITY

Friday
14 January

RAPTOR REPTILE

Raptor Reptiles love all things scaly and creepy, and with over 50 animals, they have more than you can poke an elephant's trunk at! Learn about these creatures, their unique traits and pet them if you dare!



ONSITE ACTIVITY

OUR BIG KITCHEN

Learn about cooking and healthy eating habits at Our Big Kitchen in Bondi. Cook your own lunch and experience the joy of helping someone less fortunate than yourself by cooking food that will be donated to charity. **PLEASE LET US KNOW IF YOUR CHILD HAS ANY DIETARY REQUIREMENTS.**



HIRED COACH + DRIVER | DEPART: 9.15AM - RETURN: 2.45PM

ARABANOO BEFORE & AFTER SCHOOL & VACATION CARE. BALGOWLAH HEIGHTS PUBLIC SCHOOL

Address: 9B Lewis St, Balgowlah Heights, 2093 Email: admin@arabanoo.com Office: 9948 6722 Mobile: 0421 014 308 Website: www.arabanoo.com



WHAT'S ON



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WEEK 5

**Monday
17 January**

K - YR 2

MAKE EM LAUGH

Learn the fundamentals of basic mime technique using elements of illusionistic mime with traditional slapstick-based clowning. Use your imagination in understanding visual humour. If you feel like practising your skills, join renowned Jean-Paul in his performance.



ONSITE ACTIVITY

**Tuesday
18 January**

HIP HOP

Learn a hip hop dance and refine your moves, so that you can perform with confidence and a big smile on your face at the end of the workshop. The choreography will be the right amount of challenge and fun.



ONSITE ACTIVITY

**Wednesday
19 January**

ECO WALK

Touch, smell, draw and learn about wildflowers, leaves and seed pots. Learn about the life cycle of the bush tick and find out all about the endangered Red Crowned Toadlet.



ONSITE ACTIVITY

**Thursday
20 January**

ROLLING COACHES

Bring your own wheels or use one of the variety of scooters, skateboards or roller blades provided by Rolling Coaches. Learn to do cool tricks and jumps from the awesome Rolling Coaches team in a 2-hour workshop. Rolling Coaches will provide all safety equipment.



ONSITE ACTIVITY

**Friday
21 January**

ROCK CLIMBING AND SOCCER DARTS

Get your adrenaline pumping on the rock-climbing wall. Learn how to climb from the instructors, and venture a couple of metres or up to the top! If heights are not your thing, practice your aim shooting soccer balls at a huge target and see how many points you can get.



ONSITE ACTIVITY

YR 3 - 6

WHEELCHAIR BASKETBALL

A representative from Wheelchair Sports NSW is coming to talk to us about what life is like in a wheelchair. Give wheelchair basketball a go and see if you can score a goal! We will also be organising a variety of other sports activities today.



ONSITE ACTIVITY

ARCHIE BROTHER CIRQUE ELECTRIQ

Archie Brothers in Alexandria is a brilliant venue with unlimited activities that you will love! From Arcade Games, Laser Tag and Ten Pin Bowling to Laser Frenzy and Bumper Cars there is something for everyone to enjoy. Don't miss out!



HIRED COACH + DRIVER | DEPART: 9.15AM - RETURN: 2.30PM

BOTANIC GARDENS

Dive into the Ocean at the Botanic Gardens in Sydney and explore the amazing Inside the Tide exhibition at the Calyx with sea creations and plant life immersing you in an underwater experience. Make some crazy Sea Creatures and put your rockpool discovery skills into action with dip netting by the pond.



HIRED COACH + DRIVER | DEPART: 9.30AM - RETURN: 2.30PM

UMBRELLA CO

Join us at Umbrella Nine Co in Brookvale for a bouldering class (like climbing, but without ropes!) A fun, empowering activity and safe as the walls are lower than rope climbing walls and surrounded by soft padded mats. Shoes will be provided.



Online Waiver Required! Please complete the online waiver: umbrellanineco.com.au/waiver

HIRED COACH + DRIVER | DEPART: 10.30AM - RETURN: 1.45PM



WHAT'S ON



WEEK 6+7

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WEEK 6

K - YR 2

YR 3 - 6

Monday
24 Jan.

WOODWORK

Learn the essentials of woodworking, starting with safety followed by some hands-on building. Measure, mark, hammer, drill and screw to create a fine piece that you can then take home with you.



ONSITE ACTIVITY

Tuesday
25 Jan.

GAMES 2 U

Game 2U will be joining us again by popular demand! Play games such as Minecraft, Fifa, Rocket League and Just Dance across 6 screens in the mobile game theatre. But that's not all! You will also be playing laser tag and have fun rolling in a Zorb ball.



ONSITE ACTIVITY

Wednesday
26 Jan.

AUSTRALIA DAY. CLOSED.

Thursday
27 Jan.

JUNKYARD BEATS

The Junkyard Beats interactive workshop experience invites you to create your own Junkyard Orchestra, focussing on sustainability. You will be exploring the connection between creative recycling, music and teamwork. The combination of drumming, dance, theatre and comedy will create a unique experience and sound.



ONSITE ACTIVITY

Friday
28 Jan.

PUPPETS

Learn the secrets of puppeteering in two fun-filled hours with Julie. Discover your own puppeteering voice, how to connect with your audience and how to write a good story. Make your very own mouth-moving puppet, then take your creative treasure home.



ONSITE ACTIVITY

SURFING

Rip it up at Manly Surf School! The pros from Manly Surf School will teach you all the basics or will help you improve your skills. After 1.5 hours in the water, we'll have lunch followed by games at Queenscliff Lagoon Reserve. **BRING SWIMMERS AND A TOWEL.**



WAIVER REQUIRED

HIRED COACH + DRIVER | DEPART: 10AM - RETURN: 1.30PM

WEEK 7

K - YR 2

YR 3 - 6

Monday
31 Jan.

SUPER SPORTS DAY + BOUNCY CASTLE

Have a go at different sports and activities, from AFL to cricket and OzTag. Add a bouncy castle to that and you have a day full of fun, just what we need to get ready for the year.



ONSITE ACTIVITY

ARABANOO BEFORE & AFTER SCHOOL & VACATION CARE. BALGOWLAH HEIGHTS PUBLIC SCHOOL

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