



WHAT'S ON



Early bird rate booking deadline Wednesday 22 June

A one week enrolment priority will be given to Balgowlah Heights Public School pupils.

K - YR 2

YR 3 - 6

Monday
4 July

CHRISTMAS IN JULY

Wear your Christmas Jumper and celebrate Christmas in the cold like they do in the Northern Hemisphere. We will be doing Christmas baking and craft, watch a Christmas movie and listen to Christmas music. Enjoy the Jollybops Science Christmas Show with science demo's, a pantomime and Christmas songs.



ONSITE ACTIVITY

ARCHIE BROTHERS

Archie Brothers in Alexandria is a brilliant venue with unlimited activities that you will love! From Arcade Games and Laser Tag to Ten Pin Bowling and Bumper Cars there is something for everyone to enjoy. Don't miss out!



CIRQUE ELECTRIQ

HIRED COACH + DRIVER | DEPART: 9.15AM - RETURN: 2.00PM

Tuesday
5 July

MOVING BODIES

Today we are heading to Moving Bodies Centre in Mount Kuring-gai for gymnastics. We can play on 2 sprung floor areas, trampolines, a foam pit, climbing walls, climbing cargo net, bars, beams, springing equipment and much more.



HIRED COACH + DRIVER | DEPART: 9AM - RETURN: 2.30PM

WHEELCHAIR BASKETBALL

A representative from Wheelchair Sports NSW is coming to talk to us about what life is like in a wheelchair. Give wheelchair basketball a go and see if you can score a goal! We will also be organising a variety of other sports activities today.



ONSITE ACTIVITY

Wednesday
6 July

THE MAGIC OF SCIENCE

Science is often said to be magic, and magical phenomena are often explained with science. So, is it science or magic? This hands-on science show consists of one shot of magic, a dose of science, a pinch of philosophy and a sprinkling of comedy.



ONSITE ACTIVITY

UNDERWORLD LASER

Underworld Laser in Menai has an awe-inspiring interactive playing arena and state of the art equipment takes the game of laser tag to a new and exciting level. Lighting, swirling fog and amazing audio are used to create a convincing battle environment for players.



HIRED COACH + DRIVER | DEPART: 9AM - RETURN: 3.15PM

Thursday
7 July

OPERA HOUSE

Join us for a performance at the Opera House. Meet The Twits, Roald Dahl's gruesome twosome. The Twits is unmissable theatre for all ages and will you have laugh out loud. We will have our lunch after the performance before heading back to Arabanoo.



HIRED COACH + DRIVER | DEPART: 11.15AM - RETURN: 3.00PM

ROLLERCREW

Bring your own wheels or use one of the variety of scooters, skateboards or roller blades provided by Rollercrew. Learn to do cool tricks and jumps from the awesome team in a 2-hour workshop. Rollercrew will provide all safety equipment.



WAIVER REQUIRED

ONSITE ACTIVITY

Friday
8 July

GAMES 2 U

Games 2U will be joining us again by popular demand! Play games such as Minecraft, Fifa, Rocket League and Just Dance across 6 screens in the mobile game theatre. But that's not all! You will also be playing laser tag and have fun rolling in a Zorb ball.



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11 July

SPACE

Explore space and learn about looking after our. Get into your space team and participate in alien defence, space bingo, moonwalk freezzy and other games. Build your own rocket and blow it into space. Use your imagination and build a space station or make an astronaut from recycled materials.



ONSITE ACTIVITY

ICE ZOO

Glide along to Alexandria's Ice Rink for a 2-hour ice skating session. Learn the basics of ice skating and have fun on the ice with your friends. **Bring socks, gloves and warm clothes.**



HIRED COACH + DRIVER | DEPART: 10.30AM - RETURN: 2.45PM

Tuesday
12 July

CANOELANDS ORCHARD

Learn about bees and beehives, taste honey and take a tractor ride at Canoelands. Learn how honey is made, meet the farm animals on the property including goats, pigs, chickens and horses and have a go at picking your own fruit to take home.



HIRED COACH + DRIVER | DEPART: 9AM - RETURN: 3.30PM

MASTERCHEF

Work together with your team to create a two course menu. Teams will be given a budget and will walk to the IGA in Balgowlah Heights to buy their food. Prepare your dishes and let the judges decide who will be Arabanoo's winning MasterChef Team! **Please advise us of any dietary requirements on the back of the booking form.**



ONSITE ACTIVITY AND WALKING

Wednesday
13 July

CULTURE CLUB

Through a series of quizzes you will travel the world, visiting places like Mexico, France, the USA and Korea. Create your own maracas, try out French mime and kick your legs up - Can-Can style. Design and model your crazy creations inspired by New York fashion week.



ONSITE ACTIVITY

ZONE BOWLING

Join us for a game of Bowling at Zone in Dee Why and see if you can beat your friends or any of the Arabanoo carers. You will also go for a spin in the bumper cars and play arcade games.



HIRED COACH + DRIVER | DEPART: 9.45AM - RETURN: 1.30PM

Thursday
14 July

BERRY ISLAND RESERVE

Berry Island in Wollstonecraft was known to be a fishing, hunting and camping site for Aboriginal community. Join Yuin and Wiradjuri woman, Jess Sinnot on this discovery walk into history and learn about the First People of Australia. See evidence of the Aboriginal way of life including shell middens, axe grindings and rock carvings and have your face painted with Ochre in culturally appropriate patterns.



HIRED COACH + DRIVER | DEPART: 9.15AM - RETURN: 2.15PM

PLANETARIUM ABORIGINAL ASTRONOMY

Explore Indigenous Australian astronomy in this fascinating mobile Planetarium show. Find out how indigenous culture describes constellations that cannot be seen from northern latitudes. The planetarium show also includes a guided 'What's in the sky tonight' presentation.



ONSITE ACTIVITY

Friday
15 July

STARS AND SOUNDS

For our First Nations people the stars serve as calendars, a law book, and inform all aspects of their daily life and culture. Indigenous educator and musician Karl Wickey will explain the Dreamtime stories behind these star systems such as 'The Emu in the sky' & 'The Sun & Moon'. Karl will also perform sounds & songs on the Yidaki (Didgeridoo).



ONSITE ACTIVITY

FREAK VR

FREAK in Bondi, is an immersive virtual reality gaming venue, that combines cutting edge multiplayer games, incredible 4D effects and curated physical spaces to help you venture beyond reality. **Please note that one of the activities is for children aged 10+ only, younger children will be doing the other activities on offer.**



HIRED COACH + DRIVER | DEPART: 9.15AM - RETURN: 2.30PM

ARABANOO BEFORE & AFTER SCHOOL & VACATION CARE. BALGOWLAH HEIGHTS PUBLIC SCHOOL

Address: 9B Lewis St, Balgowlah Heights, 2093 Email: admin@arabanoo.com Office: 9948 6722 Mobile: 0421 014 308 Website: www.arabanoo.com



WHAT'S ON



PUPIL FREE DAY

Early bird rate booking deadline Wednesday 22 June

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PUPIL FREE DAY
Monday 18 July

K - YR 2

ROLLERCREW

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WAIVER
REQUIRED

ONSITE ACTIVITY

YR 3 - 6

OUR BIG KITCHEN

Our Big Kitchen in Bondi is a registered charity and last year produced 80,000 meals to support disadvantaged Australians. It is a community kitchen designed to help those in need. Learn about cooking and healthy eating habits. Make bread and biscuits which will be handed out to the community. **Please advise us of any dietary requirements on the back of the booking form.**



HIRED COACH + DRIVER | DEPART: 9AM - RETURN: 2.45PM